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¡Levántate y anda!

Letra: Jorge Padula Perkins

Música: Alfredo Figueras

The musical score is written for a single melodic line in treble clef, 2/4 time. It consists of 46 measures, divided into eight systems of five measures each. The key signature has one sharp (F#), and the tempo is marked with a '2' over a '4'. Chord symbols are placed above the staff at the beginning of each measure or group of measures. The lyrics are written below the staff, aligned with the notes. The score ends with a double bar line.

Am E7 Am G7
No de ten gas tu pa so.en la vi da Si gue siem pre de trás de tus

8 C G7 C E7
me tas que te.im por te no so lo.al can zar las, si no.el he cho de ir en pos

16 Am E7 Am G7
de.e llas Que no fre ne tu.an dar ni.el fra ca so, ni.el te mor, el can

23 C E7 Am
san cio o la pe na. A rras tra las car gas que.en tu vi da ten

31 F Am E7
gas, aun so bre la san gre que tus he ri das vier tan más si.a ca so.a pa

39 Am Dm Am
re ce.un es tig ma que te cie rra.el pa so que brán do te.el al ma Co mo.un

46 Dm Am E7 Am
Cris to que.a so ma.a tu vi da, Yo te.or de no: ¡Le ván ta te.y an da!

¡Levántate y anda!

Letra : Jorge Eduardo Padula Perkins

**No detengas tu paso
en la vida.**

**Sigue siempre
detrás de tus metas.**

**Que te importe
no sólo alcanzarlas,
sino el hecho
de ir en pos de ellas.**

**Que no frene tu andar
ni el fracaso,
ni el temor,
el cansancio o la pena.
Arrastra las cargas
que en tu vida tengas,
aun sobre la sangre
que tus heridas viertan.**

**Más si acaso
aparece un estigma
que te cierra el paso
quebrándote el alma.
Como un Cristo
que asoma a tu vida,
yo te ordeno:
¡Levántate y anda!**

Arise and Walk
(*Levántate y anda*)

Don't stop in your passage
through life.

Always keep after
your goals.

Not only reaching them
should matter to you,
but the fact
of going after them.

Don't let your walk be stopped
by failure,
or fear,
fatigue or pain.

Drag along the burdens
that you have in your life,
even over the blood
that your wounds spill

But if by chance
some stain appears
that blocks your passage,
shattering your soul,

Like a Christ
appearing in your life,

I order you
Arise and Walk!

Lyrics: Jorge Eduardo Padula Perkins

Music: Alfredo Mario Figueras

English: M. Jane Roberts